

# Community Health Needs Assessment Implementation Plan

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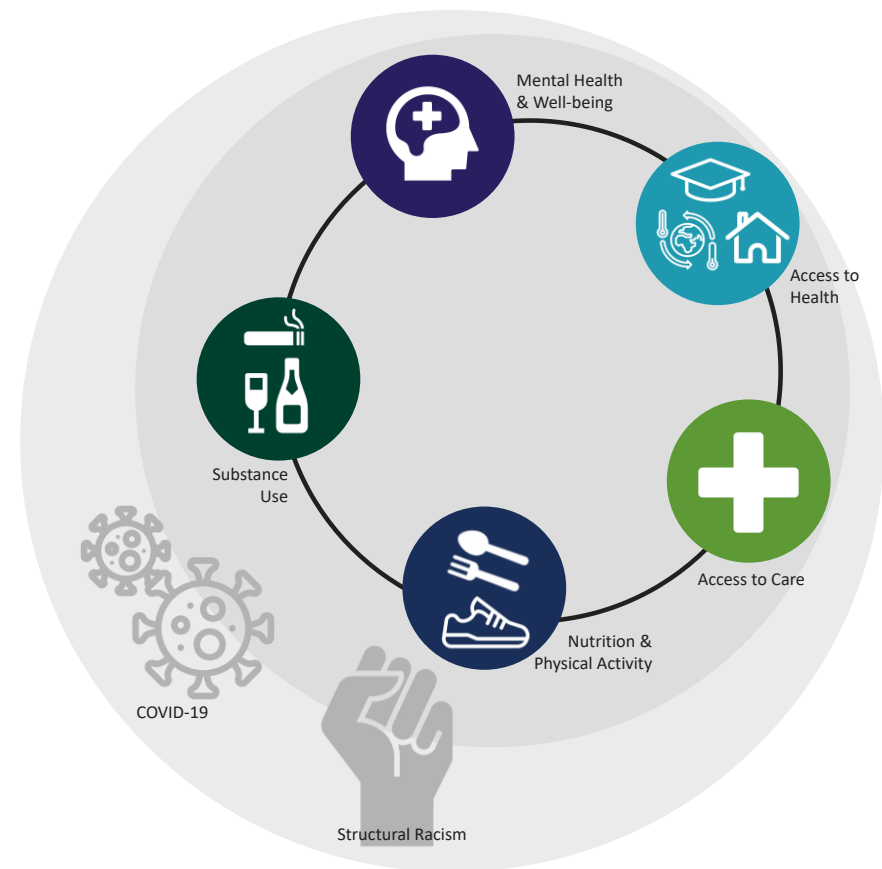
# HealthPartners 2022 CHNA Implementation Plan

The purpose of this Community Health Needs Assessment (CHNA) Implementation Plan is to describe how Olivia Hospital & Clinic plans to address each of the 5 needs areas identified through the 2021 CHNA process. The needs areas identified in the most recent CHNA are shown on the graphic to the right, and include the following:

- Mental Health and Well-being
- Access to Health
- Access to Care
- Nutrition and Physical Activity
- Substance Use

Woven throughout each of these Needs Areas are two cross-cutting contextual factors: structural racism and the COVID-19 pandemic.

Over the next three years (2022-2024), our hospital intends to address all five top significant health needs areas in some way. Below we outline strategies and actions set by Olivia Hospital & Clinic to address each needs area, resources that will be committed, partners and anticipated impact towards each goal.





## Goal: Improve Mental Health & Well-being

Mental Health and Well-being is the interconnection between mental illness and the associated stigma, social connectedness, resiliency, and overall mental, social, and emotional well-being.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
<b>Behavioral Health</b>	<ul style="list-style-type: none"> <li>• Improve access, adding a new provider onsite in Olivia in collaboration with Hutchinson Health.</li> <li>• Educating our community on the resources available</li> <li>• Improved experiences and reduced barriers for patients</li> <li>• Simplified and alignment of triage, intake, and scheduling across the care system.</li> <li>• Improved provider communication, care management and coordination</li> </ul>	<ul style="list-style-type: none"> <li>• Partner/participate</li> <li>• Support/Influence</li> <li>• Core internal work</li> </ul>	<ul style="list-style-type: none"> <li>• Local School Districts</li> <li>• Local Agencies</li> <li>• Local Government Agencies</li> <li>• Local Public Health and Community Services</li> <li>• Local Communities and Partners</li> </ul>
<b>Make It OK-Community campaign to reduce the stigma of mental health and illness through:</b> <ul style="list-style-type: none"> <li>• Website and social media</li> <li>• Toolkits and resources</li> <li>• Community outreach and Ambassador Training</li> <li>• Community collaborations</li> </ul>	<ul style="list-style-type: none"> <li>• Increased awareness and knowledge of mental health and illness stigma in communities, schools, employers, community agencies, faith communities and through other partners.</li> <li>• Expanded engagement and reach in those more reluctant to seek care, vulnerable communities, and communities of color.</li> <li>• Reduction in stigmatized attitudes and actions, to create more caring communities.</li> </ul>	<ul style="list-style-type: none"> <li>• Staff for program support and subject matter expertise, steering committee participation and partnership</li> <li>• HealthPartners supports makeitok.org and online resources</li> <li>• Hospital Foundation Support and Resources</li> </ul>	<p>The Make It Ok initiative collaborates and partners with more than 30 Steering Committee members and partners including the National Alliance for Mental Illness (NAMI), Hutchinson Health, health care, local public health, community agencies, mental health providers, employers and other community mental health coalitions. The ongoing partner list can be found at <a href="http://www.makeitok.org">www.makeitok.org</a>.</p>
<b>Little Moments Count</b> Community coalition to help parents and the community understand the importance of talking, playing, reading, and singing early and often with children.	<ul style="list-style-type: none"> <li>• Increase positive interactions and experiences in early childhood.</li> <li>• Positively impact health and well-being outcomes later in life.</li> </ul>	<ul style="list-style-type: none"> <li>• Staff for program support, subject matter expertise and partnership</li> <li>• HealthPartners supports Littlemomentscount.org website development and maintenance</li> </ul>	<p>LMC is a collaborative of 57 organizations working to help increase parent and community interaction with babies and children. See partner list at <a href="http://www.littlemomentscount.org/about-us">www.littlemomentscount.org/about-us</a>.</p>

<p><b>Be Well (Mental Health Initiative)</b></p> <p>Focused effort to improve HP leader and colleague mental health and well-being</p>	<ul style="list-style-type: none"> <li>• HealthPartners leaders and colleagues</li> <li>• Increased access to mental health support services through Be Well and EAP</li> <li>• Improved emotional well-being of HealthPartners staff</li> </ul>	<ul style="list-style-type: none"> <li>• Support by leadership to encourage and engage employees in these efforts.</li> </ul>	<p>A collaborative effort between leadership and employees to engage in efforts to improve mental health and well-being.</p>
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## Goal: Improve Access to Health

Access to Health refers to the social and environmental conditions and unmet social needs that directly and indirectly affect people’s health and well-being such as housing, income, food security, transportation, employment, education, clean and sustainable environment, and more.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
<p><b>Social Drivers of Health Screening, Referral &amp; Collaborations</b></p> <p>Collaboratively and systematically address and support social drivers of health.</p>	<ul style="list-style-type: none"> <li>• Increase access to and engagement with resources for social needs for members, patients and communities</li> <li>• Effective and meaningful partnerships with community benefit organizations</li> </ul>	<ul style="list-style-type: none"> <li>• Leadership team</li> <li>• Clinical team</li> <li>• Care Coordinators</li> <li>• Foundation resources</li> </ul>	<ul style="list-style-type: none"> <li>• Local Agencies</li> <li>• Local Government Agencies</li> <li>• Local Public Health and Community Services</li> </ul>
<p><b>SuperShelf</b></p> <p>Statewide initiative to transform food shelves by making healthy, culturally specific foods accessible and appealing</p>	<ul style="list-style-type: none"> <li>• Increased nutritional quality of food available to clients</li> <li>• Increased availability of culturally specific foods</li> <li>• Food shelf client experience a more dignified and equitable approach of services</li> </ul>	<ul style="list-style-type: none"> <li>• Foundation resources</li> </ul>	<ul style="list-style-type: none"> <li>• Local Agencies</li> <li>• Local Government Agencies</li> <li>• Local Public Health and Community Services</li> <li>• Local Communities and Partners</li> <li>• University of Minnesota Extension and Department of Family Medicine and Community HealthPartners</li> <li>• The Statewide Health Improvement Partnership/Minnesota Department of Health</li> </ul>
<p><b>Sustainability</b></p> <p>HealthPartners views sustainability through the lens of the triple bottom-line of people, planet, and prosperity. Where environmental health is in balance with both human and economic health and well-being for all members of our community.</p>	<p>Impacts will include improved air and water quality, more predictable temperatures, and improved quality of life.</p>	<ul style="list-style-type: none"> <li>• Led by our Sustainability team</li> <li>• Supported by hospital green team</li> </ul>	<ul style="list-style-type: none"> <li>• Local School Districts</li> <li>• Grassroots organizations</li> <li>• Local Government Agencies</li> <li>• Local Public Health and Community Services</li> <li>• Local Communities and Partners</li> </ul>



## Goal: Improve Access to Care

Access to Care means having equitable access to appropriate, convenient, affordable and culturally responsive, trauma informed health care. This includes factors such as proximity to care, diversity training for staff, diverse backgrounds of providers, cost of care, insurance coverage, medical transportation, and care coordination within the health care system.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
<p><b>Build an anti-racist culture</b> through training, employee engagement and equitable policies and practices.</p>	<ul style="list-style-type: none"> <li>By deepening our workforce’s collective understanding of cultural humility, we build trust with community.</li> </ul>	<ul style="list-style-type: none"> <li>Diversity and Inclusion teams, human resources and hospital leadership</li> <li>Staff, systems, and support; core internal work</li> </ul>	<ul style="list-style-type: none"> <li>HealthPartners</li> </ul>
<p><b>Address disparities in care</b> Accelerate and expand our efforts to eliminate disparities in chronic conditions, preventive screenings, maternal and infant care and childhood immunizations and others. This work is done with a focus on health equity, identifying patient disparities including factors such as race, socioeconomics, gender and other factors.</p>	<ul style="list-style-type: none"> <li>Improved access to care and resources</li> <li>Improved and increased care coordination</li> <li>Improved quality outcomes</li> <li>Increasing specialty care close to home</li> <li>Taking care outside the four walls of our clinics</li> </ul>	<ul style="list-style-type: none"> <li>Leadership team engagement and support</li> <li>Staff, systems, and support; core internal work</li> <li>Performance improvement projects</li> <li>Foundation resources</li> </ul>	<ul style="list-style-type: none"> <li>Local School Districts</li> <li>Local Agencies</li> <li>Local Government Agencies</li> <li>Local Public Health and Community Services</li> <li>Local Communities and Partners</li> <li>MN Council of Health Plans</li> <li>HealthPartners</li> </ul>
<p><b>Community Health Education &amp; Promotion</b> Community health education and promotion classes and opportunities are offered to all community members in</p>	<ul style="list-style-type: none"> <li>Community members will learn about health and wellbeing and various medical conditions, learn skills to support their health and wellbeing, and learn about services at our hospitals and clinics.</li> <li>Opportunities for our community to engage in health and wellness through Revolution Wellness</li> </ul>	<ul style="list-style-type: none"> <li>Leadership team engagement and support</li> <li>Board of Directors Hospital/Foundation</li> <li>Foundation resources</li> </ul>	<ul style="list-style-type: none"> <li>Local School Districts</li> <li>Local Agencies</li> <li>Local Government Agencies</li> <li>Local Public Health and Community Services</li> <li>Local Communities and Partners</li> </ul>

<p>the Renville County and beyond</p>			
<p><b>Leverage Technology for Seamless Care</b></p> <p>Expand the use of technology (telemedicine, emails, text messages, MyChart messages, etc.) to engage patients between visits and promote healthy behaviors.</p>	<ul style="list-style-type: none"> <li>• Improved and simplified access to care.</li> </ul>	<ul style="list-style-type: none"> <li>• Internal resources and systems</li> </ul>	<ul style="list-style-type: none"> <li>• EPIC</li> </ul>
<p><b>Children’s Health Initiative</b></p> <p>HealthPartners is working to improve the health and well-being of children and their families by concentrating on: Promoting early brain development, providing family centered care and strengthening our communities. Areas of focus include:</p> <ul style="list-style-type: none"> <li>• Healthy Beginnings: Promote drug, alcohol and tobacco-free pregnancies by universally screening all pregnant women and offering non-judgmental support; identify other needs (socioeconomic, etc)</li> </ul>	<ul style="list-style-type: none"> <li>• Improve the health of children in early childhood.</li> <li>• Improve the health of mothers during and after pregnancy and delivery.</li> </ul>	<ul style="list-style-type: none"> <li>• Staff, systems, and support</li> </ul>	<ul style="list-style-type: none"> <li>• ICHRP</li> <li>• Minnesota Breastfeeding Coalition</li> <li>• Reach out and Read</li> <li>• Little moments count</li> <li>• Teed leadership council</li> <li>• Local public health and community services</li> </ul>

<ul style="list-style-type: none"><li>• Little Moments Count</li><li>• Breastfeeding promotion and support</li><li>• Postpartum depression screening</li></ul>			
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## Goal: Improve Nutrition & Physical Activity

Nutrition & Physical Activity means equitable access to nutrition, physical activity and healthy supportive environments for families and communities.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
<p><b>PowerUp</b> -community-wide initiative to support eating better, moving more and feeling good</p> <ul style="list-style-type: none"> <li>• School Challenge</li> <li>• Teacher Resources</li> <li>• Classes for cooking</li> <li>• Classes for sports nutrition</li> <li>• Community Options for physical activity</li> <li>• Family magazines</li> <li>• Online resources</li> </ul> <p>Strengthen community partnerships around healthier eating.</p> <p>Example: <b>PowerUp Fruit &amp; Veggie RX Program</b></p>	<ul style="list-style-type: none"> <li>• Increased awareness, resources and improved behavior around eating, physical activity and mental well-being</li> <li>• Children, Adults and Communities</li> </ul> <ul style="list-style-type: none"> <li>• Educate and create improved behavior towards better food choices.</li> <li>• Strengthen and support community partnerships and collective action.</li> <li>• Collaborate to make equitable progress toward improving nutrition.</li> </ul>	<ul style="list-style-type: none"> <li>• Leadership team engagement and support</li> <li>• Board of Directors Hospital/Foundation</li> <li>• Foundation resources</li> <li>• Staff, systems, and support</li> </ul> <ul style="list-style-type: none"> <li>• Leadership team engagement and support</li> <li>• Board of Directors Hospital/Foundation</li> <li>• Foundation resources</li> <li>• Staff, systems, and support</li> </ul>	<ul style="list-style-type: none"> <li>• Local School Districts</li> <li>• Local Agencies</li> <li>• Local Government Agencies</li> <li>• Local Public Health and Community Services</li> <li>• Local Communities and Partners</li> </ul> <ul style="list-style-type: none"> <li>• Local Farmers Markets</li> <li>• Local Grocery Stores</li> <li>• Local Agencies</li> </ul>
<p><b>Revolution Wellness</b></p> <p>This program is about more than just wellness as physical health and it brings our community back to the</p>	<ul style="list-style-type: none"> <li>• Increase healthy and active lifestyles to help grow a community of wellness.</li> <li>• Form Meaningful partnerships</li> <li>• Deliver Equity and Comfort in Gathering Spaces</li> <li>• Increase Food Access and Nutrition Resources</li> </ul>	<ul style="list-style-type: none"> <li>• Leadership team engagement and support</li> <li>• Board of Directors Hospital/Foundation</li> <li>• Foundation resources</li> <li>• Staff, systems, and support</li> <li>• HealthPartners</li> </ul>	<ul style="list-style-type: none"> <li>• Local Agencies</li> <li>• Local Government Agencies</li> <li>• Local School Districts</li> <li>• Local Public Health and Community Services</li> <li>• Local Communities and Partners</li> </ul>

<p>essence of wellness as thriving in personal and community capacities. It also serves as a Hub of local, unbiased wellness resources and establish a central point for outreach.</p>	<ul style="list-style-type: none"> <li>● Improved health and decreased stress</li> <li>● Increase connectedness</li> <li>● Address social determinants of health.</li> <li>● Growth &amp; Vitality: Socialization, partnership and networking. Community will be empowered in living a lifestyle of wellness by establishing a destination of wellness.</li> </ul>		
<p><b>Community Care</b></p> <p>Explore opportunities to enhance access to health services, patient transportation, and healthy eating for our locally underserved populations</p>	<ul style="list-style-type: none"> <li>● Increase immunizations</li> <li>● Increase preventative screenings</li> <li>● Reduce transportation barriers for clinic appointments, along with discharged patients without access to home</li> <li>● Bilingual education materials</li> </ul>	<ul style="list-style-type: none"> <li>● Leadership team engagement and support</li> <li>● Board of Directors Hospital/Foundation</li> <li>● Foundation resources</li> <li>● Staff, systems, and support</li> </ul>	<ul style="list-style-type: none"> <li>● Health Plans</li> <li>● Local Agencies</li> <li>● Local Government Agencies</li> <li>● Local Communities and Partners</li> </ul>



## Goal: Reduce Substance Use

Substance Use covers substance abuse and addiction, which are the use of substances including alcohol, tobacco and e-cigarettes, prescription drugs, opioids and other drugs in a manner that is harmful to health and well-being and causes problems or distress that affect daily life.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
Medication Takeback Initiative	Community knowledge of locations and knowledge of how to dispose of prescriptions.	<ul style="list-style-type: none"> <li>• Leadership team engagement and support</li> <li>• Board of Directors Hospital/Foundation</li> <li>• Foundation resources</li> <li>• Staff, systems, and support</li> </ul>	<ul style="list-style-type: none"> <li>• Local law enforcement</li> <li>• Local Government Agencies</li> <li>• Local agencies</li> </ul>
Collaborate with community partners to increase substance abuse prevention and education.	<ul style="list-style-type: none"> <li>• Identify and strengthen partnerships to provide substance abuse education and resources.</li> <li>• Collaborate to make equitable progress toward improving substance use.</li> </ul>	<ul style="list-style-type: none"> <li>• Leadership team engagement and support</li> <li>• Board of Directors Hospital/Foundation</li> <li>• Foundation resources</li> <li>• Staff, systems, and support</li> </ul>	<ul style="list-style-type: none"> <li>• Local law enforcement</li> <li>• Local Government Agencies</li> <li>• Local agencies</li> </ul>

## Contact Information

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