Your doctor wants you to have a gastroscopy. A specially trained doctor will gently insert a thin, flexible scope (gastroscope) into your esophagus, stomach and duodenum. Your esophagus is the tube that passes food from your mouth to your stomach. Your duodenum is the first part of your small intestine.

With 74 different services offered, Hutchinson Health is able to provide specialty care clinics, emergency services, and specialty programs to Hutchinson and surrounding communities.

Services Hutchinson Health Offers:

- Alcohol and Drug Counseling
- Allergist
- Audiology
- Birth Care Center
- Cancer Clinic
- Cardiovascular Health
- Diabetes
- Dietary Counseling
- Ear, Nose & Throat
- Emergency Medicine
- Family Medicine
- Gynecology
- Imaging Services
- Joint Replacement
- Lab Services
- Lymphedema Therapy
- Mental Health
- Nephrology
- Neurology
- Occupational Therapy
- Orthopaedics
- Pediatrics
- Pediatric Rehab
- Physical Therapy
- Podiatry
- Rehab Services
- Sleep Center
- Speech Therapy
- Surgery
- Travel Clinic
- Urgent Care
- Urology
- Vein Therapy
- Vestibular Therapy
- Women's Health

Toll-free 800-944-2690 or 320-234-5000
1095 HW 15 S, Hutchinson, MN 55350

www.HutchHealth.com

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Gastroscopy Brochure 2546  Rv. 5/2015
Before the Exam

» Do not eat, drink or smoke eight hours before the exam.

» Most medicines may be taken up to midnight the night before the exam.

» You will be asked to wear a hospital gown, robe and slippers.

» A nurse will ask for your medical history.

» You will be asked to sign a consent form.

» An intravenous (IV) line will be started in your hand or arm.

The Day of the Exam

On __________________________
Arrive at ________________

Your test will be performed in the Same Day Surgery area of the Hutchinson Health Hospital. Go to the Main Entrance and check in with the receptionist just inside the door. Be sure to bring your photo ID and Insurance cards with you.

During the Exam

» You will be given a medicine (through the IV) to help you relax.

» Your doctor may spray a numbing medicine on the back of your throat, or ask you to drink a numbing gel.

» The nurse will watch your heart rate, blood pressure and oxygen levels.

» Your doctor will gently insert a gastroscope (thin, flexible scope the size of your little finger) down your mouth. The doctor will guide the tube into your esophagus, stomach and duodenum. This will not affect your breathing.

» Your doctor may need to take small tissue samples (biopsy). This is painless. The tissue samples will be sent to the lab.

After the Exam

» You will be in Same Day Surgery until you are ready to go home. This usually takes about one hour. During that time, a nurse will monitor your vital signs, and give you water with a small lunch. A friend or family member may also be with you.

» Before you leave, the nurse will give you a list of home care instructions to follow. Please follow the list carefully.

For more information, call the Hutchinson Clinic at 320-484-4650 or 1-800-944-2690 x 4650; or call Same Day Surgery at 320-484-4675 and ask to speak to a nurse.