

Your doctor wants you to have a gastroscopy.



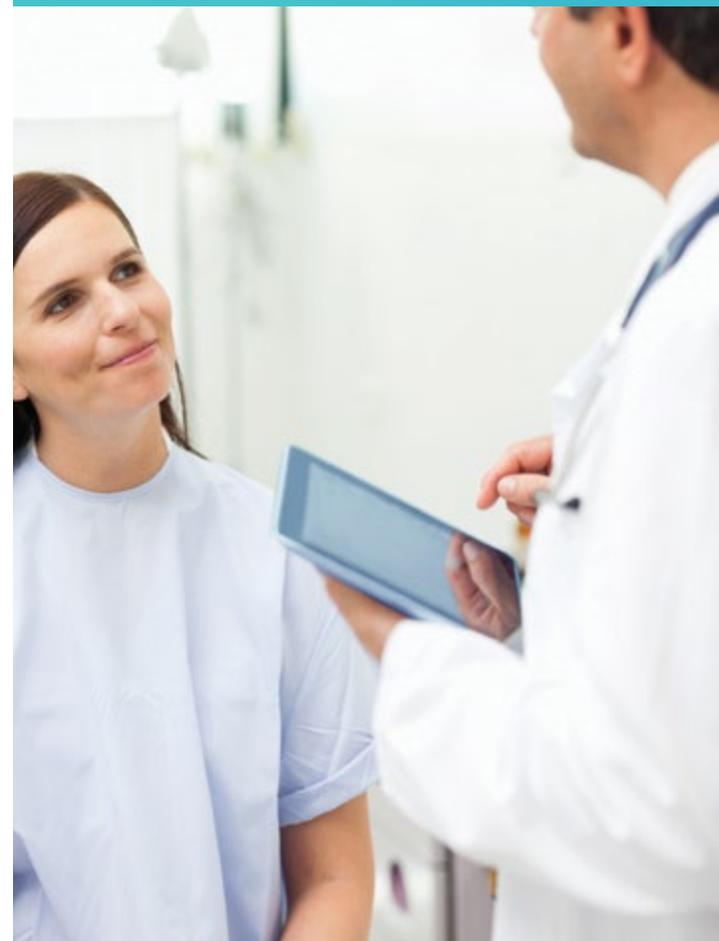
A specially trained doctor will gently insert a thin, flexible scope (gastroscope) into your esophagus, stomach and duodenum. Your esophagus is the tube that passes food from your mouth to your stomach. Your duodenum is the first part of your small intestine.

Hutchinson Health provides specialty care clinics, emergency services, and specialty programs to Hutchinson and the surrounding communities. Services that Hutchinson Health currently offers:

- Allergy & Immunology
- Audiology
- Cardiac Rehabilitation
- Cardiology
- Counselors & Therapists
- Diabetes Education
- Dietary Counseling
- Ear, Nose, & Throat
- Emergency Medicine
- Family Medicine
- Home Care
- Hospitalist
- Internal Medicine
- Low Back & Neck
- Mental Health Services
- Nephrology
- Neurology
- Nurse Practitioner
- Nutrition Therapy
- Obstetrics & Gynecology
- Occupational Health
- Occupational Therapy
- Oncology
- Orthopaedics
- Pediatrics
- Physical Medicine & Rehabilitation
- Physical Therapy
- Physician Assistant
- Podiatry
- Psychiatry
- Psychology
- Pulmonology
- Radiology
- Respiratory Care
- Rheumatology
- Sleep Medicine
- Speech-Language Pathology
- Spine Surgery
- General Surgery
- Urgent Care
- Urology
- Women's Health

Gastroscopy

Pre- & Post-Exam Guidelines



To Cancel or Change Your Appointment

Call 72 Hours Before at 320-484-4650
or 1-800-944-2690 x4650



Hutchinson Health

HealthPartners®

hutchhealth.com

1095 Highway 15 South, Hutchinson, MN 55350

Toll Free: 800-454-3903 **or Call:** 320-234-5000



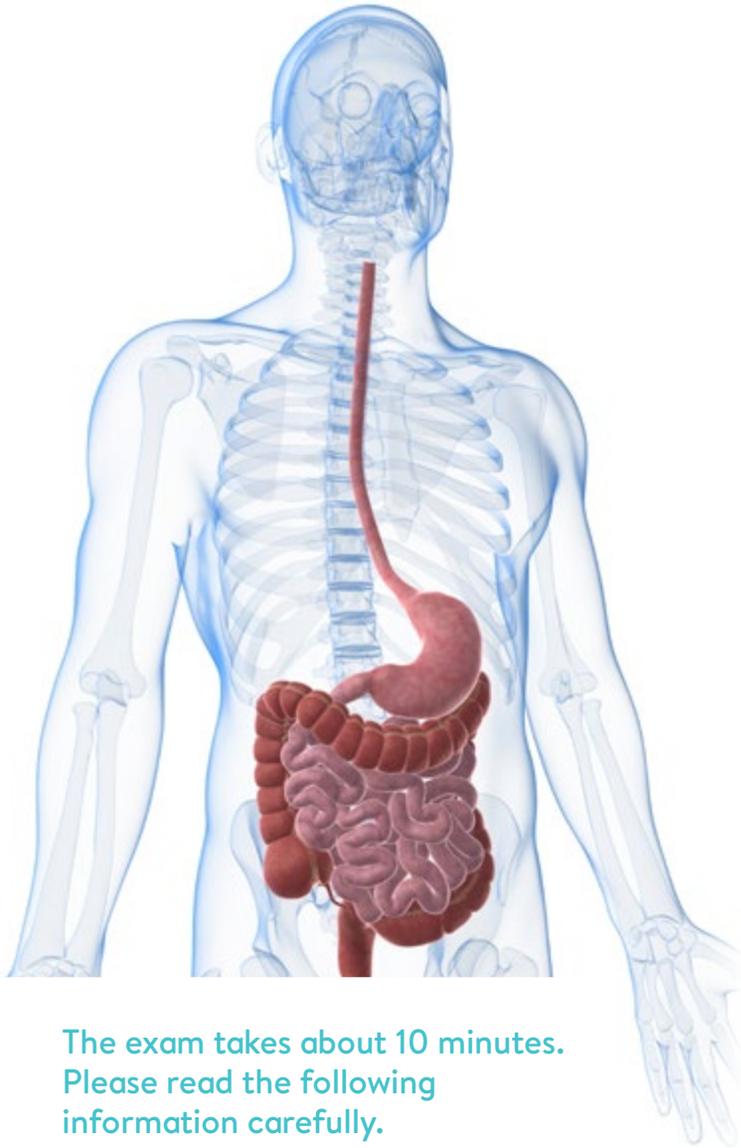
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Gastroscopy

Procedure

For more information, call the Hutchinson Clinic at 320-484-4650 or 800-944-2690 x 4650; or call Same Day Surgery at 320-484-4675 and ask to speak to a nurse.



Before the Exam

- Do not eat, drink or smoke eight hours before the exam.
- Most medicines may be taken up to midnight the night before the exam.
- You will be asked to wear a hospital gown, robe and slippers.
- A nurse will ask for your medical history.
- You will be asked to sign a consent form.
- An intravenous (IV) line will be started in your hand or arm.

The Day of the Exam

On _____

Arrive at _____

Your test will be performed in the Same Day Surgery area of the Hutchinson Health Hospital. **Go to the Main Entrance** and check in with the receptionist just inside the door. Be sure to bring your **photo ID and Insurance cards** with you.

During the Exam

- You will be given a medicine (through the IV) to help you relax.
- Your doctor may spray a numbing medicine on the back of your throat, or ask you to drink a numbing gel.
- The nurse will watch your heart rate, blood pressure and oxygen levels.
- Your doctor will gently insert a gastroscope (thin, Flexible scope the size of your little finger) down your mouth. The doctor will guide the tube into your esophagus, stomach and duodenum. This will not affect your breathing.
- Your doctor may need to take small tissue samples (biopsy). This is painless. The tissue samples will be sent to the lab.

After the Exam

- You will be in Same Day Surgery until you are ready to go home. This usually takes about one hour. During that time, a nurse will monitor your vital signs, and give you water with a small lunch. A friend or family member may also be with you.
- Before you leave, the nurse will give you a list of home care instructions to follow. Please follow the list carefully.

The exam takes about 10 minutes. Please read the following information carefully.

- You must have a responsible driver to sign discharge instructions and drive you home.